



a non-profit youth athletic association of Johns Creek

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## COVID-19 Action Plan

If you or someone in your household is feeling ill, or experiencing any symptoms associated with COVID-19, STAY HOME.

### SPECTATORS

- Practice safe social distancing while watching a game.
- All spectators are expected to wear face masks.
- Spectators are prohibited within the fenced in athletic fields/dugouts and should stay clear of field entrances.
- Spectators should not touch equipment or game balls

### PLAYERS AND COACHES

- Sanitize hands prior to entering and exiting the field. Players should bring their own.
- Come to the fields dressed and ready to play.
  - Have all shoes, shin guards & jerseys on prior to arriving; do not change on the field.
- At interleague facilities, coaches, players, and referees may have their temperature taken prior to participating on the field.
  - Temperatures will be taken with a touchless thermometer by coaches/referees/staff prior to participating in an activity.
  - If you do not feel comfortable with your temperature being taken, please do not attend
- Exit the playing area directly after your game so others can enter for their games.

### GAME PLAY

- Teams/Players must bring their own designated equipment when applicable.
- There will be no pre-game or post-game handshakes, high fives or contact of any kind.
- Coaches and players on the sideline should maintain social distancing as much as possible, with limited huddles.
- Players should not enter the field prior to the other teams leaving the field.
- Pre-game meetings with coaches, officials, and players shall maintain a responsible distance and are recommended to wear masks.
- If a player or direct family member has symptoms/tests positive, contact the Program Supervisor.
  - The date symptoms started or the date the positive test was conducted will be the start of the quarantine date for the player.
  - The last date the player was exposed to the team will be the quarantine date for the team who was directly exposed



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## NEWTOWN RECREATION COVID-19 RETURN TO PLAY

### Everyone's Responsibilities

- If you are sick, have a runny nose, cough, fever, or ANY other sick feeling, STAY HOME (this is not optional)
- We recommend a temperature self-check of all staff, volunteers, and players daily and before you arrive. Temperature greater than 100.4° STAY HOME and it is highly recommended you see your health care provider
- Wash your hands as defined by the CDC
- Individuals with underlying conditions or individuals over 65 years of age should avoid park entry until CDC guidelines are revised
- Anyone who has direct contact with a positive COVID-19 patient, or has personally tested positive, must stay home for 15 days prior to returning to the fields or the park.
- Use hand sanitizer when you do not have soap and water
- Do not touch your face
- When coughing, sneezing, or yawning at the field, individuals shall cover their mouth with the inside of their elbow
- Disinfect all equipment after each game and practice with proper cleaning supplies
- Follow and reinforce all social distancing policies by staying 6 feet apart
- Parents/guardians are strongly encouraged to remain in your vehicle during practice or stay 6 feet away from one another and avoid congregating in small areas during games.
- Take caution to social distance when entering walkways to and around the fields and back to the parking lots

### Coaches Responsibilities

- On a regular basis, coaches will talk with the players about proper responsibilities associated with COVID-19 return to play to ensure the policy stays top of mind
- Coaches will communicate regularly with parents to ensure their child knows what is expected of them as listed in this document
- Coaches shall set expectations that sick players STAY HOME and their absence will not affect playing time or have other negative consequences
- Coaches shall report to Program Director if they themselves feel sick in any way, have a fever of 100.4°F or higher, runny nose, cough, shortness of breath, loss of smell or taste, nausea, or diarrhea. Coach MUST stay home, get a substitute coach, or cancel activity
- Coaches shall adhere to social distancing rules
- Coaches shall continuously instruct players to abide by social distancing rules as much as possible
- The only exception is an injured player in which case the coach will have authority to assess the situation and take appropriate action to assist the injured
- Coaches will recommend there are no welcoming, departing, or celebratory contact such as handshakes, hugs, high fives, fist bumps, and chest bumps
- Coaches shall clean up team and training areas at the end of all activities. Equipment must be sanitized before the next practice. Practice vests, pennies, and removable jerseys are NOT allowed at this time

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## Player Responsibilities

- Players must STAY HOME and will not come to the fields or activity if they feel sick in any way, have a fever of 100.4°F or higher, runny nose, cough, shortness of breath, loss of smell or taste, nausea, or diarrhea. Newtown Recreation encourages that a player with any of these symptoms and any similar symptoms go to their health care provider. DO NOT COME TO THE ACTIVITY
- It is recommended that parents/guardians should check the temperature of players daily and before attending activity. 100.4°F or higher, DO NOT COME TO THE ACTIVITY
- If a player becomes ill during the activity and has symptoms, the player must notify the coach and self-isolate. Immediately exit the facility with parent or guardian and it is encouraged to seek help from your health care provider
- Players with underlying conditions must avoid attending activities and avoid entry into the park until CDC guidelines are revised
- Players who have direct contact with a positive COVID-19 patient or have personally tested positive must stay home for 14 days prior to returning to fields
- Players MUST NOT share any equipment including, but not limited to, water bottles, food, balls, towels, shin guards, goalkeeper gloves, and clothing
- Players should bring plenty of water to each practice to avoid using public water fountains for refills
- Carpooling should be avoided or eliminated altogether
- Players should leave their car ready to play (wearing soccer shoes, shin guards, etc.) to avoid having unnecessary personal belongings on the field
- Players will not wear practice vests until a later date
- Players SHOULD NOT touch coaching equipment like cones during activities
- Players should practice social distancing (6 feet separation) is recommended
- 2011 birth year players and older can be dropped off by the parent/guardian at the closest location/gate to the activity. Parent/guardian can walk their player from the car to the entry gate but only players are allowed on the playing surface. Always maintain 6 feet social distancing if possible, to exit your vehicle
- 2012 birth year and younger players must be escorted to the field by their parent/guardian but always maintaining 6 feet social distance. As soon as player is with the coach, parent/guardian can leave the area. Due to the young age of these players, bring them to the entry gate, do not go on the playing surface but do remain until the player is safely with their coach
- **Parents and players should provide their own hand sanitizer for on field usage, as necessary**
- Wash and sanitize personal equipment and clothing after each practice

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